



Coaching Programs for the Actor



with internationally award-winning
actor, director & producer

*Rae
Cofsky*

Refocusing in 2024

Our industry has shifted immensely just in the past five years. Self-taping is now an essential part of the audition process for film, commercial, TV & stage. Actors are realizing now more than ever how important it is to have a well-rounded skillset to be able to stand out in a sea of candidates.

Bit about me: Rae Cofsky

Over the past fifteen years I have studied from NY to SF & LA, I've gathered many techniques that work for me as well as built a toolbox of other resources for actors at a similar stage of their career. I've choreographed and directed musical theatre, produced and directed films, & acted... a lot. I have projects currently streaming on Hulu, HBO Max, Amazon Prime, Oxygen, CBS & in film festivals and theatres. I've filled roles on set as 1st AD, script supervisor, production assistant & casting director. I've also received numerous awards for Best Director, Best Actor, & commitment to Social Justice. But above all else, I've found a passion for coaching & helping actors reach their goals while building their craft.



Film Technique

Alexander Technique, Meisner
Work, Self-tapes, Basic
Editing



Voice & Stage Craft

Laban Efforts, Linklater Voice
& Speech, Monologues,
Musical Theatre



Industry Knowledge

Bi-coastal experiences,
expanding interests,
finding your "why"

Let's get to Work!

Here's what I have to offer...

- 1:1 Individualized coaching sessions
- Programs & Courses built around you & your goals
- Workshops for Schools, Universities, & Community Theatres

Offering:	Ideal for:	Description:	Fee:
1:1 Coaching Sessions	<ul style="list-style-type: none">• Actors actively auditioning & receiving callbacks• Actors with previous training	One hour coaching session with Rae, focusing on specific audition or callback material.	\$60
The Beginning Actor Course	<ul style="list-style-type: none">• Undergraduate students preparing for post-graduation• Actors without formal training who are passionate about the work	10 individualized 1:1 sessions with Rae, developed to meet your own personal goals & start building onto your current craft	\$800 \$80 per session <i>*payment plans available</i>
Into the Industry	<ul style="list-style-type: none">• Actors interested in Film, Commercial & TV work• Those located in industry cities (LA, NY, Atlanta, etc.)• Actors beginning their professional career	4 stage individualized program: (1) deepening craft & technique with current material (2) self-tape auditions, coldreads (3) reel, resume, website, & headshot review & feedback (4) goal setting & networking within the industry	\$1,200 3 month program 12 coaching sessions 4 review meetings <i>*payment plans available</i>
	<ul style="list-style-type: none">• Actors who connect to vocal work or who want to develop a	In this personalized 4-12 week program, learn vocal health, warm-ups & exercises, and techniques to keep your most vital	4 sessions: \$300 add 4 sessions:

Vocal Focus	<p>stronger connection to voice</p> <ul style="list-style-type: none">• Musical students who want a segue to actor training	<p>instrument finely tuned. Utilizing the Linklater technique, you will build a stronger connection between your voice & body. If interested, we can touch on dialects, heightened speech & Shakespeare as well!</p>	<p>+\$200</p> <p>add 6 sessions: +\$300</p> <p>add 8 sessions: +\$400</p>
Physical Focus	<ul style="list-style-type: none">• Comedic Actors• Stage Actors• Actors interested in expanding their character types	<p>In this personalized 4-12 week program, learn the Laban Efforts, Alexander Technique, & focus on finding freedom within your body utilizing improv, scene work, & acting exercises.</p>	<p>4 sessions: \$300</p> <p>add 4 sessions: +\$200</p> <p>add 6 sessions: +\$300</p> <p>add 8 sessions: +\$400</p>
Workshops	<ul style="list-style-type: none">• Colleges & Universities looking to expand their course offerings to students• Community Theatres wanting to expand their actor base	<p>Various offerings including:</p> <ul style="list-style-type: none">• Voice & Speech: Linklater Freeing the Natural Voice• Physical Focus: Alexander Technique & Laban Efforts• MT Dance Basics• Theatre Audition Technique: Coldreads & Monologues• Self-tapes 101: Commercial, Film & TV• Build-your-own workshop based on your student's needs!	<p>Prices vary \$200-\$400 per workshop depending on materials & class size.</p> <p>Packages available at discounted rate!</p>

Why work with Rae?

It's easy to lose sight of who you are in this industry & what your goals really are. We have to reevaluate our goals regularly to make sure we're on the right path to becoming the best versions of ourself. My programs are built to meet every student exactly where they are and help them reach their next level of potential.

Also, my track record is pretty stellar. Here's what some of my recent collaborators & students are saying:

"I have had the pleasure of learning from Rae as a director, choreographer, & through private acting lessons. Her pure talent for the arts transitions seamlessly to a natural ability for teaching. The learning environment she cultivates is full of positive energy, compassion, and joy! I look forward to our weekly lessons and leave every class feeling accomplished, with new skills I can use both in acting and my personal life. I highly recommend working with Rae, it is always a delight!"

-Hannah McCluskey, Student & Actor

"Her positivity and genuine goodwill are rare for an actress of her caliber. She elevates every project she touches."

-Stephanie Ann Foster, Actor

"Rae is a very experienced and talented actor. Also, a very nice person. She is well prepared every time. I'd love to work with her in my future projects."

-Jacob Chung, Film Director

"For several years now, I have had the distinct pleasure of working closely with Rae on several different photo sessions and projects... Rae has a rare ability to understand verbal interpretation and turn that into an expression... She is very intuitive and often puts the smaller details into place even before being asked or coached... I cannot wait to work with her again! Very highly recommended! "

-Ed Diaz, Photographer

Please check out my work below & contact me if you think you or your students would benefit from working together!



www.raecofsky.com



[@raecofskyacting](https://www.instagram.com/raecofskyacting)



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